

NONCREDIT PROGRAM

New Noncredit Program - This new program is open to all students and currently offers classes in basic literacy, short-term vocational and other classes of interest to the community as well as Staff Wellness and Older Adult courses.

Older Adults Program

This program offers special interest classes to adults 55 and older. All of our classes will take place at the older adult facilities to ensure positive enrollment and convenience for the students.

Film Classics
Music Encounters
The Joy of Listening to Music
The Theater Experience
Body Dynamics and the Aging Process
Music, Movement & Wellness
Tai Chi for Arthritis and Other Illnesses
Internet Literacy for Older Adults
Creative Writing Workshop
Finding Book Treasures

More Older Adult classes coming soon!...

Armchair Travels
Ars and Crafts
As Others See Americans
Coping with Loss
Journal Writing
Topics for Seniors, Staying Well Informed
Writing Your Autobiography

Staff Wellness Program

This program is geared toward meeting the needs of our Gavilan College family. All classes are free of charge and are open to all staff members as well as the community.

Tai Chi for Health Mindful Stress Reduction

Staff Wellness Coming soon!... Weight Control Workplace Fitness

Parenting Program

Parenting Advocacy

Basic Skills Program

Online Literacy

Basic Skills Coming Soon!

Citizenship GED Preparation

All classes are free of charge. There are no tests, no quizzes and no letter grades. Registration will take place in the Admissions & Records Office or on the first day of class. Students should contact the Noncredit Office directly with any questions or for further information at (408) 848-4859.

STUDENT Profile



GUADALUPE SANCHEZ:

Guadalupe "Lupe" Sanchez, has been an active member in the Gilroy community since first coming to Gilroy in 1936. Despite a busy life in the business world, Lupe was one of the first volunteers to register voters in 1952 and instrumental in getting many local Latino citizens to register to vote. She has served as a board of director to the Center for Employment Training, on the Santa Clara County Health and Welfare Commission and on the Gilroy Library and Culture Commissions. Through the years, she has volunteered her time and energy to her local parish, St. Mary's Church, the Red Cross, the Gilroy Senior Nutrition Program, the Gilroy Planning Commission and the Gilroy Hispanic Chamber of Commerce. Currently, Lupe is enrolled in Gavilan College's new "Living Through Learning" program for older adults. Throughout her life, Lupe has believed in lifelong learning as a way to remain active, informed and able to make our community a special place to live.

ALLIED HEALTH

AH 740 Tai Chi for Arthritis and Other **Related Illnesses**

Transferable: No

This course is designed for the maintenance of the physical and mental well-being of an older adult with arthritis and other related illnesses. Instruction will focus on the postures and movements of Tai Chi, a Chinese exercise regimen that has a slow paced movement that improves balance, coordination, breathing and builds strength and stamina. Activities are included that promote self-care and health awareness.

4050 LAB HVME1 01/12/06 - 05/11/06	STAFF Above class meets	1.00 off Car	.0 npus	Th	0900A-1000A
4051 LAB WM1 01/10/06 - 03/09/06	STAFF Above class meets	1.00 Off Car	.0 npus	TuTh	1000A-1100A
4052 LAB HOLCC 01/12/06 - 05/11/06	STAFF Above class meets	1.00 Off Car	.0 npus	Th	1100A-1200P
4053 LAB VG1 01/12/06 - 05/11/06	STAFF Above class meets	1.00 Off Car	.0 npus	Th	1100A-1200P
4054 LAB GHR1 01/09/06 - 03/08/06	STAFF Above class meets	1.00 Off Car	.0 npus	MW	0200P-0300P
4055 LAB GHR1 03/20/06 - 05/24/06	STAFF Above class meets	1.00 Off Car	.0 npus	MW	0200P-0300P

AH 741 **Body Dynamics and Aging**

Transferable: No

This course is designed for the 55+ adult student to provide awareness and knowledge of physical fitness, stress management and nutrition to personal health. Discussions will focus on nutrition, sleep disorders, depression, leisure/social activities and chronic conditions that effect the body as aging occurs.

4056 LEC WM1 STAFF 2.00 .0 M See Footnote: Above class meets Off Campus 01/09/06 - 05/08/06

ENGLISH

ENGL 750 Creative Writing Workshop for Older Adults

Transferable: No

A class designed for older adults to develop their writing skills in a peer support group. They are guided in creative expression through prose and poetry. Older adults are encouraged to read their works in class and learn how to respond to writing, guided creative exercises and assignments, sentence and story structure.

4383 LEC	HOLCC	STAFF	2	.00	.0	Th	0100P-0200P
01/12/06 -	- 05/11/06	See Footnote	e: Above	clas	s me	ets Of	Campus
4384 LEC 01/09/06 -		STAFF See Footnote	_			MW ets Of	
4385 LEC 01/11/06 -	WM1 - 05/10/06	STAFF See Footnote	_			W ets Of	

HUMANITIES

HUM 767 Film Classics

Transferable: No

This class is designed to study the facts, fantasy, history and trivia of classic and modern films. The background and history of each film and its performance will be compared and contrasted.

445/ LAB	HOLCC	STAFF	3.00	.0	١u	0100P-0400P
01/10/06 - 0	04/11/06	Above class meets Off Campus				
4458 LAB	WM1	STAFF	3.00			0200P-0500P
01/13/06-0	14/06	Above class n	neets Off Car	npus	5	

Off-Campus Buildings

City of Gilroy (main hall, 7371 Hanna St.) **COGMH COGMR** City of Gilroy (meeting room)

GHR1 Gilroy Health Care and Rehabilitation, 8170 Murray Ave.

HOL Hollister Briggs Bldg.

HOLLCC Hollister Comm. Center (Jovenes de Antano), 300 West St., Hollister HVME1 Hacienda Valley Mobile Estates, 275 Burnett Ave., Morgan Hill LOADCS Live Oak Adult Day Care Services, 651 W. 6th St., Gilroy

LIBRARY

LIB 730 Internet Literacy for Older Adults

Transferable: No.

A class for older adults to learn email techniques, how to find information on their interests, news sources, and the skill of browsing online, as well as how best to use the local public library online services, online shopping, search strategies, and interactive games.

4534 LEC 01/09/06 -	SV002 02/15/06	STAFF Above class mee			MW	0900A-1030A
4535 LEC 03/07/06 -	SV002 04/13/06	STAFF Above class mee	1.00 ts Off Car		TuTh	0900A-1030A
4536 LEC 03/06/06 -		STAFF Above class meets			MW Communit	1130A-0100P y site
4537 LEC 01/10/06 -	MHG5 02/16/06	STAFF Above class meets				
4538 LEC 01/09/06 -		STAFF Above class meets				0100P-0230P e
4539 LEC 03/07/06 -	HOL3 04/13/06	STAFF Above class meets			TuTh er Briggs sit	0100P-0230P e
6113 LEC 01/14/06 -		STAFF Above class mee			S	0100P-0400P
		STAFF Above class mee		.0 npus	S	0100P-0400P

LIB 731 Finding Book Treasures in Literature for Older Adults

Transferable: No.

Older adults are guided in the reading of selected quality fiction and nonfiction to promote discussions of theme development, narrative techniques, social context and what makes good writing. Content varies from semester to semester and may include fiction, drama, poetry, essay, and biography. Readings selected may have particular relevance to older

4540 LEC HVME1 STAFF 3.00 .0 W 0100P-0400P 01/11/06 - 02/15/06 See Footnote: Above class meets Off Campus

MUSIC

MUS 762 Joy of Listening to Music

Transferable: No.

This class is designed to give older adults the opportunity to study eras, styles, composers and components of music. Listening to music with group discussion is an integral part of the class.

4607 LEC	VG1	STAFF	2.00	.0	Tu	1000A-1200P
01/10/06 -	04/25/06	See Footnote	: Above clas	s me	ets O	ff Campus
4608 LEC		STAFF				0100P-0300P
01/13/06 - 04/28/06 Above class meets at Morgan Hill Community site						

MUS 763 Music Encounters

Transferable: No

WM

A class for older adults that provides musical activities to stimulate and sustain their auditory function, discernment of sounds and manual dexterity. Students will enjoy music, new and old, by listening, singing, playing and creating music in a group setting.

4609 LEC	WM1	STAFF	2.00	.0	W	1000A-1200P
01/11/06 -	03/29/06	Above class	meets Off Car	npus	;	
4610 LEC 01/09/06 -		S STAFF Above class	1.00 s meets Off Ca		MW	1115A-1215P
4611 LEC 01/10/06 -	GHR1 03/30/06	STAFF Above class	1.00 s meets Off Ca		TuTh	0200P-0300P

classes continue on next page...

LOHS	Live Oak High School
MHG	Morgan Hill Community & Cultural Center
SV001-004	South Valley
VET	Veterans' Memorial Bldg., 649 San Benito St., Hollister
VG1	Village Green, 1520 Hecker Pass, Gilroy

Wheeler Manor, 651 W. 6th St., Gilroy

PHYSICAL EDUCATION: ADAPTED

PE 716 Music, Movement and Health

Transferable: No

This course is designed to assist older adults in improving overall health through movement, music and relaxation techniques. Rhythmical movement will be adjusted to suit individual students mobility needs.

4668		GHR1 - 05/11/0	STAFF 6 Above class m	1.00 neets (.0 Off C	MTh ampus	1000A-1100A
4669	LAB 01/10/06	HOLCC - 05/09/0	STAFF 6 Above class m	2.00 neets (Tu ampus	1000A-1200P
4670		HVME1 5 - 05/12/0	STAFF 6 Above class m	2.00 neets (F ampus	1000A-1200P
4671		VG1	STAFF	2.00		F	1000A-1200P

THEATER ARTS / DRAMA

THEA 764 The Theatre Experience

Transferable: No

This class is designed for older adults to compare, contrast and examine the aspects of live theatre including dramatic structure, theatre production, history and performance. Students will also attend and critique Gavilan theatre performances.

4749 LAB 01/09/0 6	VG1 6 - 03/27/0	STAFF 6 Above c	3.00 lass meets C	 M ampus	0100P-0400P
4750 LAB 01/13/0 6		STAFF 6 Above cla	0.00	 F gan Hil	0100P-0400P I Community site

Join us! on the first Monday of every month for First Mondays FREE!! Staged Readings of Scripts, Plays and Literature! Presented by Gavilan Theatre Arts 6:30 p.m. Gavilan College Theater

FINAL EXAM SCHEDULE

Saturday - Friday, May 20-26, 2006

This schedule is designed to provide dates and two-hour blocks of time for Final Exams in credit courses. Final exams will begin Saturday, May 20, 2006. Classes meeting prior to 8 a.m. will take their exams during the same week, for a two-hour period beginning at the class starting hour.

All finals are to be given at the scheduled time, and in the room in which the class has regularly met during the semester. Exceptions can be granted only by the department chair and the area dean.

If a class appears not to have a time scheduled according to the chart below, please see the instructor, department chair or area dean. Instructors' office hours will be changed to accommodate the final exam schedule. Please check at the instructor's office for the revised schedule.

If your class meets on these days:

Daily, M, MTuW, MTuWF, MW, MWTh, MWThF, MWF, MTh, MThF, MF, W, WTh, WThF, WF

Your fin	al exam will	be:
Wed.	May 24	08:00 - 10:00
Fri.	May 26	08:00 - 10:00
Mon.	May 22	08:00 - 10:00
Wed.	May 24	10:30 - 12:30
Fri.	May 26	10:30 - 12:30
Mon.	May 22	10:30 - 12:30
Wed.	May 24	01:00 - 03:00
Mon.	May 22	03:30 - 05:30
Wed.	May 24	03:30 - 05:30
	Wed. Fri. Mon. Wed. Fri. Mon. Wed. Mon.	Fri. May 26 Mon. May 22 Wed. May 24 Fri. May 26 Mon. May 22 Wed. May 24 Mon. May 22

If your class meets on these days:

MTu, MTuWTh, MTuTh MTuThF, MTuF, Tu, TuW, TWTh, TuWThF, TuWF, TuTh, TuThF, TuF, Th, ThF

Starts at any time between:	Your fina	ıl exam will i	be:
08:00 - 08:55	Thur.	May 25	08:00 - 10:00
09:00 - 09:55	Tues.	May 23	08:00 - 10:00
10:00 - 10:55	Thur.	May 25	10:30 - 12:30
11:00 - 11:55	Tues.	May 23	10:30 - 12:30
12:00 - 12:55	Thur.	May 25	01:00 - 03:00
01:00 - 01:55	Tues.	May 23	01:00 - 03:00
02:00 - 02:55	Thur	May 25	03:30 - 05:30
03:00 - 03:55	Tues.	May 23	03:30 - 05:30
04:00 - 04:55	Tues.	May 23	03:30 - 05:30

If your class meets on Fri or Fri/Sat at ANY start time before 5:00 pm, the final exam will be: Friday, May 26 from 1:00-3:00 pm

Make-ups and Conflicts

Mon.	May 22	01:00 - 03:00
Tues.	May 23	03:30 - 05:30
Wed.	May 24	03:30 - 05:30
Thur.	May 25	03:30 - 05:30

Exams for classes held on Saturdays, Sundays & Evenings

All classes held on:

Saturday	May 20
Sunday	May 21
Monday evenings	May 22
Tuesday evenings	May 23
Wednesday evenings	May 24
Thursday evenings	May 25
Monday/Wednesday evenings	May 22
Tuesday/Thursday evenings	May 23
Friday evenings - to be arranged by the	class



What is the Transfer Institute?

The Transfer Institute (TI) is a Gavilan College program that guides you through the transfer process in the most efficient and effective means possible. As a part of the Transfer Institute you will save time and money by completing your freshman and sophomore years at Gavilan. You will also meet and get to know other students who share your goals and ambition.

Who is eligible?

- Recent high school graduates who are academically prepared for college level work
- Students with placement in college level English & math

How do I apply for the <u>Transfer</u> <u>Institute</u>?

- Complete a Transfer Institute application in April prior to high school graduation.
- Take a Gavilan College assessment test
- Complete a Gavilan College admissions application
- Limited spaces are available apply early!

Transfer Institute Benefits:

Transfer Institute students receive:

- Early Registration
- A dedicated counselor to guide and monitor you through the transfer process
- Pre-transfer events and activities with four-year universities
- Access to activities designed to ensure your success at Gavilan College
- Assistance with the identification of and preparation for a college major
- A two-year agreement guaranteeing your transfer goals

Transfer Institute Services:

Your success is dependent on your attendance in enrolled classes, completion of course assignments and participation in Transfer Institute support services.

The following are some of the many Transfer Institute services available that will ensure your academic and transfer success:

- Early connections with university admission representatives
- Assistance with completing your transfer applications
- Development of your personal TI agreement that identifies academic services, support services and activities essential to your transfer planning and success
- Development of an individual Educational Plan by trained and knowledgeable counseling faculty that charts courses needed for completion of general education and major preparation
- Documented evaluation of courses completed at other colleges that transfer to and satisfy university requirements
- Semester-by-semester feedback on transfer progress
- Transfer information updates and event announcements to keep you connected with and prepared for the university experience
- Assistance with finding sources of financial aid and educational financial planning
- Opportunities to participate in university field trips
- Workshops to assist with the transfer process
- Eligibility assistance with all participating TAA's (Transfer Admissions Agreements)

Applications for the Fall 2006 Transfer Institute will be accepted beginning in April 2006.

For more information, call (408) 848-4723 or visit the website at www.gavilan.edu/transfer Transfer Institute application: See center insert of this Schedule of Classes.





It's easy!

Use GavNOW

accepting CHECK and CREDIT CARD!

call 408-846-3729



Gavilan's Telephone Registration System



Use GavNOW to:

- · Register for classes
- Add or drop classes
- · Check on the availability of a class
- · Review your class schedule
- Hear last semester's grades

Use GavNOW if:

- 1. You are a continuing student or have submitted an application to the Admissions & Records Office or at the sites at least 48 hours prior to registering on the phone.
- 2. You have no "holds".
- 3. You are signing up for courses with prerequisites that you have successfully completed at Gavilan or have been verified by placement assessment or on a Verification of Prerequisite form (available in this schedule).
- 4. You are not in "dismissed" status.

Continuing Students

November 28 - December 9, 2006 Register by telephone from 9 am-10 pm, Mon - Fri

New and Returning Students Submit an application to the Admissions and Records Office or at the sites at least 48 hours in advance.

December 12 - January 19, 2006 Late registration: Jan. 23 - 27 (add codes required) Register by telephone from 9 am - 10 pm, Mon - Fri

High School Contract Students must register in person.

Need help or have a question?

Call 408 848-4733, Monday - Friday, 8 a.m. - 5 p.m.

GavNOW will lead you through the process, step-by-step.

Before you begin.....

- Returning and new students, be sure to have an application on file at least 48 hours before calling GavNOW.
- Select your classes and some alternate choices from this schedule or from our website.
- See a counselor if you need help selecting your classes.
- Have your social security number or Gavilan ID number handy.
- If you will be paying by credit card (MasterCard or Visa), have your card handy.
- If you are eligible for a fee waiver, apply at the Financial Aid Office at least 48 hours prior to registering on GavNOW.

Now, begin......

- * GavNOW will ask you if you wish to:
 - · register, add or drop a class (press 1)
 - opt for the cr/nc grading for a class (press 2)
 - review your grades from the previous semester (press 3)
 - review your class schedule (press 4)
 - find out if a class is open (press 6)
 - end the call press 9
- After you make your selection, GavNOW will ask you to select a semester:
 - · for Fall, press 1
 - for Spring, press 3
 - for Summer, press 5
- When asked, enter your nine-digit social security number or Gavilan ID number and your six-digit birthdate (i.e., 06/26/77).
- TIP: If you are adding and dropping classes at the same time, process the drops

Finishing Up......

- Complete your transaction and don t hang up until GavNOW says goodbye or your transaction will not be processed.
- If paying by check do NOT bring your payment to the Admissions and Records Office. You will not be billed. Mail your payment within 5 days to:

Cashier **Business Office** Gavilan College 5055 Santa Teresa Blvd Gilroy CA 95020